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*The State College for Women*

## BULLETIN

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## HOME STUDY SERVICE

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## GENERAL INFORMATION

This bulletin is the result of an effort on the part of Home Study Service to furnish, for the fifth consecutive year, program helps to various women's organizations of Alabama. The increasingly large number of such organizations making use of this material from year to year, and the feeling on the part of Alabama College that a very worthwhile service is being rendered, are sufficient justification for offering these program helps in printed form.

Previous announcements of Home Study Service have been in the form of separate bulletins for the several types of women's organizations. It has been observed, however, that many women are active in two or more organizations and that they are glad to have information as to what Home Study Service has to offer in connection with all their club interests. This announcement will, therefore, outline somewhat in detail the various types of service available.

This announcement does not contain the actual program materials themselves, but only outlines them. Any materials here listed, and such as are not listed but may be available, can be had upon request.

### Organizations Served by Home Study Service

Although any organization so desiring may make use of the offerings of Home Study Service program materials without cost, the following have been kept in mind in the preparation of the materials listed in this bulletin:

- Federated Women's Clubs
- Non-federated women's clubs
- Parent-Teacher organizations
- Girls' home economics clubs
- Daughters of the American Revolution
- United Daughters of the Confederacy

Such program helps as are thought to be suited to the needs of these various groups will be listed separately under the proper headings, but any of the materials will be furnished to any organization upon application. This will apply both to program outlines and reference materials, except that the latter will be furnished in case all available references have not already been reserved by some other organization.

### The Reference Library

- Home Study Service has a special collection of several hundred books and other reference material suitable for women's organizations. In these are included numerous special articles prepared for use in connection with the discussion of various topics listed in this bulletin. These books and other references will be loaned for periods of

two weeks to individual club members or to clubs through the proper officers. No charges will be made for the use of the books or other materials, but requests for any of them must be accompanied by four cents for each reference, this to be used to pay postage.

### **How to Obtain Program Service**

Organizations desiring to make use of the program materials of Home Study Service should carefully observe the following in making application:

1. Look through this bulletin and decide what subject or subjects your organization will study during the year. This is usually done by the program committee.

2. Write Home Study Service, Alabama College, Montevallo, Alabama, for program outline on the subject you choose. This outline will give the main subject and the various subjects for each meeting of the organization.

3. Use the program outline in making up your year-book or program for the year.

4. Fill the blank which will be sent you along with the program outline. This blank will be the one on which you will list the subjects your club will discuss at each meeting.

5. Send the blank to Home Study Service, with four cents for each book or other reference you will want sent. These references will then be reserved for your club and sent to you in time to be used in preparing for a club meeting. Home Study Service urges that the chairman of the program committee act as borrower of all books for each club.

Clubs will get better service by reserving books and other materials for the year in advance. However, they may be ordered as needed, provided postage is sent with order, and provided they are available when needed.

**All books and other references must be returned within two weeks.**

### **How Program Materials Were Prepared**

The various program materials listed in this bulletin have been carefully prepared, usually by specialists in the different departments of Alabama College, acting in cooperation with the heads of these several departments. Those departments which have contributed to these materials are: Art, Biology, Education, History, Home Economics, Latin, Library, Music, Psychology, Religious Education, and Sociology. Much time has been devoted to the preparation of each outline, and references have been selected with the greatest care. Although a few of the subjects, as is indicated by the titles, are based on references which are more or less technical in their nature, most of them are simple and can readily be used by the average club.

## **DESCRIPTIVE LIST OF PROGRAMS FOR STUDY CLUBS**

Only a brief description of each program outline is given. The complete outline of any subject will be sent on request. Each outline contains sufficient material for one year's study.

### **ART**

#### **America's Folk-Art**

This outline contains interesting discussions on such subjects as early American glass, hand-wrought silver and pewter, embroidered pictures and samplers, decorated pottery, early American illumination, and early American hooked rugs. The outline contains sufficient material for eight club programs and is particularly appealing to those interested in antiques.

#### **Civic Improvement**

This outline provides interesting material on community, town, and city planning. It also contains references on the historic development of cities and furnishes a study of those noted for their beauty. Sufficient material for eight programs is contained in this outline.

#### **The Sculpture and the Architecture of the Athenian Acropolis**

A sufficient amount of Greek history to give a background for the study of the sculpture and architecture of the Athenian acropolis is introduced in this outline. It also contains a very interesting study of the acropolis and such other sculptures as the Theseum, Temple of the Wingless Victory, and Erechtheum.

## **EDUCATION AND PSYCHOLOGY**

#### **American Women in Education**

This study includes the life and work of such women as Mary Lyons, Susan Blow, Elizabeth Peabody, Patty Hill, Anna Bryant, Helen Parkhurst, Madam Montessori, Adelaide Nutting, Juliette Low, and others. Various methods of education are discussed in connection with the work of these educators.

#### **Child Study**

This outline contains material for ten club meetings. Physical and mental development of the child forms a background for the study of instincts, emotions, heredity, and environment. Various problems of childhood are also introduced.

#### **The Nature of the Child**

This program contains material on child psychology. Beginning with a study of the child's inheritance, the outline is developed in such a way as to show the effects of environment and training on the personality of the child.

### **The Nature and Needs of Childhood**

The material contained in this outline is sufficient for seven club meetings. All of the suggested topics are based on the subject matter found in one book which can be purchased for \$1.25. Such topics as the physical development of the child, nervous and mental hygiene among children, the care of mentally inferior and superior children, and a study of instincts and emotions are all dealt with in this outline.

## **HISTORY**

### **Development of Government in the United States**

The material for this outline provides for an extensive study of the development of our government. It begins with the early history of America and traces the evolution of our government to the present time.

### **History of the Confederacy**

This outline treats such subjects as the formation and organization of the Confederacy, its military, economic, and political history, and its relations with foreign countries. An interesting study is also made of the women of the Confederacy.

### **Outstanding Leaders of the American Revolution**

The loan list for this outline contains material on such leaders as John Adams, Benjamin Franklin, Samuel Adams, Thomas Jefferson, Alexander Hamilton, and George Washington.

### **Some Leaders of the Confederacy**

The public life and affairs of such leaders as Alexander H. Stephens, Augustus Baldwin Longstreet, Jefferson Davis, "Stonewall" Jackson, Robert Toombs, and Robert E. Lee are introduced in this outline.

### **Some Present-Day Problems of American Life**

Discussions of such problems as Labor, Conservation, and Tariff are provided for in this outline. It also treats such subjects as the regulation of business, world peace, imperialism in the United States, the Monroe Doctrine, and prohibition.

### **Statesmen of the Old South**

This outline is developed in such a way as to reveal the problems of the early generations of American history and to provide for the study of the lives of the men who helped to solve them. Such men as George Washington, James Madison, Thomas Jefferson, Andrew Jackson, John C. Calhoun, Henry Clay, Jefferson Davis, Alexander H. Stephens, and Robert Toombs are all brought into this discussion.

### **Our State**

A study of the book by Marie Bankhead Owen, called "Our State—Alabama", is used as a basis for this outline. The programs deal with the leading events in the history of Alabama; its wars, Indian leaders, statesmen, educators, governors, etc. The industrial development of Alabama is also discussed.

**HOME ECONOMICS****Program Suggestions for Clubs and Study Groups**

Each program course as outlined below includes eight program topics. The courses suggested for different clubs and study groups are noted as follows:

**Women's Federated Clubs**

The Home in Colonial Days, Manners and Customs in the Home, Festive Days in the Home, a Travelogue of Homes, Food of Many Nations, Hospitality, Intelligent Shopping, Art in Home Living, Decorative Arts in Modern Homes, our Homes as our Backgrounds, Selecting and Keeping up our Homes, Southern Colonial Homes, Equipping the Home, Management of the Home, The Family Income—Its Use, The Market Basket, The Family Through the Ages, Living Together, Health of the Family, The Family Wardrobe, Infancy and Early Childhood, The Elementary School Child, Essential Aspects of Child Growth, Essential Needs of Childhood, The "Teen Age".

**Parent-Teacher Associations**

Child Life in Other Lands, Hospitality, Intelligent Shopping, Equipping the Home, Management of the Home, The Family Income—Its Use, The Market Basket, Living Together, Health of the Family, The Family Wardrobe, Infancy and Early Childhood, The Elementary School Child, Essential Aspects of Child Growth, Essential Needs of Childhood, The "Teen Age".

**Home Economics Student Clubs**

The Home in Colonial Days, Manners and Customs in the Home, Festive Days in the Home, The Travelogue of Homes, Food of Many Nations, Child Life in Other Lands, What Girls Can Do, Art in Home Living, Decorative Arts in Modern Homes, Southern Colonial Homes, The Family Through the Ages, Health of the Family.

***THE HOUSE—THE HOME—THE FAMILY*****HOME APPRECIATION****The Home in Colonial Days**

A study of the family in colonial days; their home and its furnishing; the food and its service; the recreation and work in the home, the manners and customs; the dress and habits of the boys and girls; Colonial art and needlework. Homes and old-time flower gardens can suggest exhibits or trips for interest in studying the home life of Colonial days.

**Manners and Customs in the Home**

A study of the origin, reforms and new rules of manners and customs in the home. The topics include table etiquette, invitations, introductions, greetings, the etiquette of cards and calling, the courtesies of

the promenade, the motor ride, camping and conversations. The necessity for the everyday practice of good manners is brought out and the share that good manners have in our success and happiness.

### **Festive Days in the Home**

The origin and celebration of festive days as birthdays, Thanksgiving, Hallowe'en, Christmas and Valentine. Customs and celebrations in other lands. How to use the festive occasions for recreation and welding home ties.

### **A Travelogue of Homes**

A travelogue to the many kinds and types of homes in Alabama including our summer playground, the state parks, and our winter sports, the gulf; getting better acquainted with our neighbors, their homes and home life and their surroundings, and their influence on their happiness.

### **Food of Many Nations**

The national dishes of many lands are studied; the foods they use, the preparation and serving. This gives opportunity for the study of the table equipment and food habits of a number of nations.

### **Child Life in Other Lands**

The study of boys and girls in other lands, how they play, study, dress and eat; their manners and customs.

### **Hospitality**

The "good life" of the home is stressed—simple pleasures, recreation and community gatherings; the serving of teas, dinners and parties within the home; the home atmosphere and wholesome enjoyment of others.

### **What Girls Can Do**

A study of arts and crafts that girls can do. What to do outside of school hours and during vacations.

## **ART APPLIED TO HOME AND FAMILY**

### **Intelligent Shopping**

A consumer education program discussing the relative merit of the various articles which the purchaser must have for everyday needs, including shops and shopping; floor coverings; furniture and household furnishings; china; glassware; silverware and jewelry; decorative textile fabrics; household linens; wearing apparel; toilet preparations; and package groceries.

### **Art in Home Living**

A knowledge and appreciation of art principles in selecting and arranging articles we use daily, gives us an aesthetic pleasure and also



is really economical. Things well chosen remain in style after poorly designed articles are hopelessly old fashioned. Programs in this series include, taste and good design, principles of design, color and its use, dress design, furniture arrangement, the use of old furniture, the selection and hanging of pictures, and flower arrangement.

### **Decorative Arts in Modern Homes**

Lovely types of decorative arts are available today, many of which can be made at home. The types studied in this course include, hand loom weaving,—Colonial and modern, hand-made rugs—woven, hooked and braided, Oriental rugs, hand block printing on fabrics and paper, leather and bookbinding, Japanese batik, European and Oriental embroidery, and hand-made laces.

### **Our Homes as Our Background**

Few people realize how vividly their home expresses their personality to others. An attractive home depends more upon selecting and arrangement than upon the amount of money spent. The topics suggested in this series include personality in the home, the importance of a plan in buying and arranging your furnishings, backgrounds,—walls, floors and ceilings, furniture arrangement, making the best of what you have, rugs and floor coverings, household textiles, windows and their decorative treatment, and decorative accents in the home—books, lamps, pottery, etc.

### **Selecting and Keeping up Our Homes**

To Americans our homes mean so much that it is strange that so often so little thought is given to selecting and keeping them up. The following topics are of interest to all home lovers; methods of acquiring a home; our surroundings: location and gardens, architectural styles and design; convenient plans; good house construction; heating—plumbing and lighting; country homes; simple home repairs, and rejuvenating your home.

### **Southern Colonial Homes**

Perhaps no subject excites our imagination more than thoughts of the life and customs in the Southern Colonies. The programs prepared on the homes of this time include, manners and customs in the Southern Colonies, homes of Maryland and Virginia, homes of Charleston, South Carolina, homes of New Orleans, Homes of Alabama, Southern gardens, furniture and furnishings, and restoration of old furniture.

## **THE BUSINESS OF HOMEMAKING**

### **Equipping the Home**

With the vast amount of new equipment on the market the housewife is interested in knowing how to intelligently select and care for

her equipment. This course will furnish her information for meeting these problems as they concern efficiency and cost.

### **Management of the Home**

This course considers the importance of the budget in management with the woman's new civic responsibilities; changes in manufacture and marketing of goods. The consumer needs to know more about consumption and saving of time, energy, and money. This course stresses family income; budget; house arrangement for time, energy, and motion saving; working schedules; and the wise use of leisure time.

### **The Family Income—Its Use**

With fluctuations in family incomes, changes in the standards of living, lowering costs of living, the division of family expenditures needs to be given careful analysis. This course gives consideration to expenditure relations in food, clothing, shelter, recreation, education, higher advancement, and savings; ready-made versus home-made; home ownership versus renting.

### **The Market Basket**

This study course emphasizes food purchasing for the home; changing food standards; the consumer's responsibility in buying canned foods, package goods, staples, fresh fruits and vegetables, meats, and dairy products; quantity, quality, uses, and cost of foods.

## **THE FAMILY**

### **The Family Through the Ages**

This course is outlined to give the person a picture of the influences of the changing conditions in the various periods of history, on the changes in family life. The course takes up the pre-historic family; the Roman family; the Greek family; the early Christian family; the family of the Renaissance; the family of the old South; and the modern family.

### **Living Together**

This study course considers the importance of satisfying relationships between the different members of the family, such as those of parent with parent, parents with children, and children with each other; emphasizing habits and attitudes toward work, play, and physical well being within the family.

### **Health of the Family**

Appreciating present day emphasis on preventive measures for maintaining health this course first considers the health status of Alabama families and what Alabama is doing to protect its families; the healthy minded-bodied family; food needs of the family; disease symptoms

every one should know; the sickroom; home care of the sick; meeting the emergency; special diets—the child, the mother, the aged, and the sick.

### **The Family Wardrobe**

Since the selection of the family clothing demands such a large percent of the family budget as well as much time and consideration on the part of the homemaker the following topics in relation to clothing will be presented in this study course: selection versus cost and use; selection, uses and handling of cotton materials; clothes for mother and child; self-help clothes for the toddler; clothes for the teen age boy and girl; the college wardrobe; the adult; care, renovation and renewing.

## **THE CHILD**

### **Infancy and Early Childhood**

This group of topics portrays the normal growth and development of the child from birth to school age. It is planned for mothers of young children who are interested in knowing what to expect during this period of rapid change and understanding better how to meet the varying needs.

### **The Elementary School Child**

This is a further consideration of the child and his training leading to an understanding of the questions which arise at this period such as physical needs, questions of behavior and obedience, and activities both in school and at home.

### **Essential Aspects of Child Growth**

This is a study of the whole child, considering his physical, mental, social, emotional and spiritual growth. Those responsible for children are ever anxious to know more of the progressive order of growth in order to guide it toward the best development.

### **Essential Needs of Childhood**

Careful consideration should be given to the child's surroundings. It is necessary to understand his needs in order to provide an environment which will mean present happiness and future helpfulness. A child's clothing, food, living quarters and toys and books have an important influence on his development. These needs of childhood and ways of filling them form an important study.

### **The "Teen Age"**

Everyone is interested in the years which precede maturity. They are full of possibilities and difficulties. In order to avoid misunderstandings it is imperative that those who come in contact with youth have a more complete understanding of the normal changes, physical and mental, which occur at this period.

## LITERATURE

### **American Women in Literature**

This topic provides for the study of such women writers as Harriet Beecher Stowe, Louisa May Alcott, Emily Dickinson, Edith Wharton, Agnes Repplier, Amy Lowell, Dorothy Canfield Fisher, Edna St. Vincent Millay, etc. The loan list contains descriptions of the lives of these writers as well as many of their books. This outline also contains a most interesting list of questions about these authors and their works.

### **Contemporary Drama**

This topic includes several comedies, war plays, plays dealing with business, twentieth century life, domestic and social relations, race, philosophy, and several other subjects.

### **Mythology in Literature and Art**

This outline not only provides material for a very interesting study of classic myths, but also gives one an opportunity to study the effect of these myths on literature and art.

### **Recent American Short Stories**

This study is based on the stories contained in the "O. Henry Memorial Award: Prize stories 1931" and contains sufficient material for ten programs. Additional volumes of short stories are suggested if a more extensive study is desired. (Home Study Service cannot promise to furnish this material.)

### **Some Enduring Novels in English**

The outline on this subject provides material for ten club meetings. Some of the subjects are satire of society, romance of the sea, mid-west pioneers, romance of philosophic irony, the rural South, the southern negro, etc.

### **Some Outstanding Novels of 1931**

Works by such authors as Willa Cather, Archibald Cronin, Elizabeth Madox Roberts, Sheila Kay-Smith, Virginia Sackville-West, etc., are introduced in this outline. The programs are planned so that the novels selected furnish excellent examples of varied subjects and styles of writing. (Home Study Service cannot promise to furnish these references.)

### **The Literature of Greece**

This outline provides for an interesting study of all phases of Greek literature. The writers of poetry, drama, history, and philosophy are all discussed and popular works of each are introduced.

### **The Literature of Rome**

Beginning with the earliest forms of the Latin language and literature, this outline is developed so as to introduce a study of Roman drama, prose, and poetry.

### **The South in Contemporary Literature**

The outline contains material for nine club meetings on such subjects as the background of our contemporary literature, the significance of recent writings, historical fiction, our present situation, negro and plantation life, poetry, humor and satire, nature and travel, etc.

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The following is a partial list suggestive of a group of books of fiction which might be worked into a program by a club desiring a study of this type:

Cable: Old Creole Days	Glenn: Southern Charm
Cather: My Antonia	Heyward: Porgy
Cobb: All Aboard	Markey: The Band Plays Dixie
Fisher: The Bent Twig	Peterkin: Scarlet Sister Mary
Galsworthy: The Forsyte Saga	Young: Torches Flare

## **RELIGION**

### **Religious Education in the Family**

The material for this study is taken largely from the book by Cope called "Religious Education in the Family". The present status of American family life is discussed in connection with the ideals, morals, and religion of the present generation.

## **SOCIOLOGY**

### **American Women in Social Service**

Beginning with a definition of Social Service, this outline provides for a study of the chief problems which confront one in this work. Such topics as the unstable home, organizations within the settlement house, child welfare movement, and the juvenile court are introduced. The work of such women as Jane Addams, Lillian Wald, Miriam Van Waters, and Clara Barton is also studied.

### **The Family—General Problems**

All phases of family life are discussed in this outline. As a contrast to the family in early American life, all problems of the modern family are introduced in this study. Possible solutions of these problems are suggested, and the family of the future is also discussed.

### **The Negro in America**

This outline provides for a thorough study of the negro in the United States. Beginning with the African background of the negro, the subject is treated so that the negro situation is discussed through all periods of American history.

## **TRAVEL**

### **Africa, Land of the Unexpected**

Material for eight club programs is contained in this topic which gives a most enjoyable study of Africa with its outlying islands. Such

interesting subjects as "The Spell of Egypt as Revealed in Its Monuments", "A Six Weeks' Camel Trip Across the Sahara", "Vivid Pictures of Arab Life", "Stories of the Jungles", etc., are treated in this outline.

### **Over the Seas and Far Away (Travel in Europe)**

Beginning with a study of the roads through England, this outline provides for the study of such interesting countries as France, Spain, Germany, Holland, Greece, and Italy. Habits and customs of the people are discussed, as well as the geography of the countries.

### **South America**

This outline provides for a complete study of South America. The physical and economic geography of the country is discussed as well as its political divisions, social questions, and its relations to the United States. Sufficient material for eight club meetings is contained in this outline.

### **The Awakening of Asia**

This outline contains sufficient material for an extensive study of India, China, Japan, and the Philippine Islands. It not only discusses such topics as history, civilization, and government, but also furnishes interesting material on the religion, art, and drama of each country. (Home Study Service cannot promise to furnish all the references for this topic.)

### **The Far East**

This outline provides material for an interesting study of China, the Philippines, Japan, and India. The history, civilization, and government of each country are discussed, as well as interesting customs of the people.

### **The Lure of Travel**

Sufficient material for eight club programs is contained in this outline. Beginning with the wonders of the far North, the outline is developed so as to include such places of interest as Japan, China, Greece, Asia Minor, Italy, India, Australia, New Zealand, etc. The last of the programs is based on interesting tales concerning mankind.

### **Travels Through the Orient**

All the fascinating features of Oriental travel are discussed in this outline which contains sufficient material for eight club programs. Studies of India, Persia, Arabia, Afghanistan, Burma, Siam, Japan, China, and the Philippines are developed in a most interesting manner.

## **PROGRAM MATERIALS FOR PARENT-TEACHER ASSOCIATIONS**

Home Study Service offers two types of program helps for parent-teacher associations. The first of these is a carefully selected list of books dealing with problems of parents. As a rule, only books have been selected which can be read with profit by the average parent. Hundreds of books and special articles have been written for parents, but most of them are of such a technical nature that they are thought not to be of much practical value. Such materials have, therefore, been left off this list.

The second type of program materials offered consists of various special articles dealing with the problems of parents. Many of these have been prepared by outstanding specialists, and are here offered by special permission of the publishers. Others have been prepared by members of the Alabama College faculty, some having been given as radio talks by workers in parent education.

Any of the books or special articles listed below are available upon request, provided they have not previously been reserved by some other group. Application for any of them must be accompanied by four cents to pay postage. Materials may be returned within two weeks from the time they are mailed from the offices of Home Study Service.

Other program helps than those furnished by Home Study Service may be had by writing the Alabama Congress of Parents and Teachers, or the State Department of Education, Montgomery, Alabama.

## **BOOKS FOR PARENT-TEACHER ASSOCIATIONS**

### **THE BOY PROBLEM**

This book is one of the earlier attempts at a careful study of boys. It treats such subjects as: the boy's social development; influences that affect the natural development of the boy; ways in which boys organize; social organizations; suggestions as to various ways to help boys; the problem of the boy and church life; and the boy in the home.

### **PSYCHOLOGY OF SUBNORMAL CHILDREN**

Although this book is not written for the general reader, and may not prove interesting to most parents, it can be studied with much profit. The chapters on "The Definition of Mental Deficiency", "Arrested Development", "How Do the Mentally Defective Learn?" and "The Causes and Prevention of Mental Deficiency", should be of special interest to parents.

### **PSYCHOLOGY OF CHILDHOOD**

This book will appeal only to parents and teachers who have some

knowledge of psychology. Certain chapters, such as the one on "Thinking," are especially good.

### **THE TREND OF THE TEENS**

The author of this book, after many years of experience as a teacher, and as a counselor of parents, has succeeded in writing a book which can be understood by the average reader. The discussions are simple and clear, as well as fairly comprehensive. Some of the questions discussed are: boy problems; girl problems; government of youth; part played by the father in training youth; and questions frequently asked by parents.

### **THE BOY AND HIS GANG**

This is a story of gang life of boys written by one who worked with the boys about whom he wrote. A study of this book will insure a better understanding of boys by their elders. The language is simple and easily understood.

### **SELF-RELIANCE**

This book is a discussion of ways of teaching such traits as responsibility, self-reliance, and initiative to children. The discussions are informal and interesting. The parents' relationship to the school is one of the most interesting discussions.

### **MOTHERS AND CHILDREN**

The author, in her interesting way, discusses "the background of our children's lives" in six chapters. Six other chapters deal with the questions of obedience in children. Two chapters are devoted to a discussion of the scientific spirit for mothers.

### **CONCERNING PARENTS**

This book, with a chapter by each of twenty-three prominent authors, is divided into six parts as follows: The Family of Today; The Family and the Community; Parents and the New Psychology; Teachers and the Changing Education; Leisure and Recreation; and The Parent's Outlook on Life. All of the book is thoroughly readable and challenging.

### **HOW TO KNOW YOUR CHILD**

The author in this book has made an effort to interpret the child to the parent. The book is simply written, and the various topics are timely. Such problems as the spoiled child, the play life of the child, the father's role in the home, and many others, are discussed in the fifteen chapters.

### **TRAINING THE BOY**

"To train the whole boy not merely a part of him" is the motto of this book. There are five divisions: Industrial Training; Social Training; Habit Training; Vocational Training; and Service Training. Each of these is discussed under several subheads. The book can be read and enjoyed by the average parent, and is full of interest.



**LIVING WITH OUR CHILDREN**

This is a very practical discussion of how to bring up children as companions, written by one who is both a mother and a grandmother. It is an account of her efforts to teach children "not to fear life, but to combat and master it".

**PARENTS ON PROBATION**

Some of the topics discussed in this book are: The Family in Search of a Goal; Nineteen Ways of Being a Bad Parent; Some Modern Obstacles to Successful Parenthood; and Parents in Search of Education. Many cases of individual children are discussed in very helpful ways. The language of the book is simple and clear.

**LIST OF SPECIAL ARTICLES FOR PARENT-TEACHER ASSOCIATIONS\***

Adolescence (7 articles)	How the Individual Gets His Religion
Afraid	How to Break Habits (3 articles)
Are You Educating Your Baby?	Infancy (6 articles)
Are You Fit to Be a Father?	Is America Camp Crazy?
Arthur Maverick's Son	Later Childhood (6 articles)
As the Adolescent Sees It	Let Them Alone
Being a Progressive Mother	Must Boys Fight?
Books Children Like—And Why	Nervous Breakdowns—A Teen Age Danger
Call a Family Conference	Nest Eggs for Children
Christmas Gifts for Children	New Days—And Knights
Cool Drinks for Children	New Ways of Teaching Reading
Dangers Every Child Must Meet	Obedience (6 articles)
Discipline for Parents and Children	Parental Problems and Ways to Meet Them
Early Childhood (7 articles)	Pointers for Parents
Every Family Needs a Budget	Pre-Adolescence (6 articles)
Family Fun and Things for Children to Do and Make	Preparing for a Job
Fighting a Handicap	Preparing Your Child for Marriage
Five Rules for Happy Parenthood	Punishment (3 articles)
Getting the Child to Do the Tasks He Dislikes	Religion and Our Children
Growing Up	Shaping Your Child's Personality
Habit-Training (4 articles)	Share Your Boy's Hobby
Have Faith in Youth	Should Your Child Study Music
Health Needs of the School Child	The Adolescent and His Clothes
Help Your Child to Study	The Aim of Mental Hygiene (2 articles)
Home (3 articles)	The Cause and Cure of Colds
How Babies Learn to Walk	The Child Prisoner at the Bar
How Good Are School Lunches?	

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\*This is only a partial list. Many others are available.

The Complexity of Traits	What Shall We Tell Our Children About Marriage?
The Family Moves Outdoors	What to Expect of a School?
The Family Shapes the Child	What to Tell Children About Sex?
The Importance of the Early Years of Life (2 articles)	When A Child Won't Eat
The Influence of the Child's Environment	When and How to Teach Good Habits
The Overtired Parent	When Is a Family a Success?
This Question of Punishment	Why Children Go Wrong
Toys That Teach	Why Children Stutter
Ways of Dealing with Personality Traits	Why Our Children Annoy Us
What A P. T. A. Can Do	Worthwhile Play
What Is a Whole-Family House?	Your Adolescent Boy
What Is Adolescence?	Your Adolescent Girl
What Personality Traits Are Being Practiced by Your Child?	Your Child's Speech
	Youth Seeks Its Fortune

### SUGGESTED TOPICS FOR D. A. R. PROGRAMS

The topics listed below are described elsewhere in this bulletin. They are thought to contain material which will prove of interest to D. A. R. chapters.

Development of Government in the United States  
 Outstanding Leaders of the American Revolution  
 Some Present-Day Problems of American Life  
 Our State  
 American Women in Education  
 American Women in Social Service

A number of other program outlines described in preceding pages may prove of interest to D. A. R. chapters. Any material so listed will be sent upon request.

### PROGRAM TOPICS FOR U. D. C. CHAPTERS

The topics listed below are described elsewhere in this bulletin. Each topic is thought to be of interest to U. D. C. chapters. Any topic not listed below but described on the preceding pages will be furnished upon request.

History of the Confederacy  
 Some Leaders of the Confederacy  
 Statesmen of the Old South  
 Our State  
 The Home in Colonial Days  
 Southern Colonial Homes  
 The South in Contemporary Literature  
 The Negro in America

**OTHER EXTENSION SERVICE**

In addition to the club program service described in this bulletin, Alabama College offers the following types of extension service:

**1. Extension teaching centers.**

Credit courses taught by regular faculty members are organized in different sections of the State. Information concerning these may be had by writing Director of Extension, Alabama College, Montevallo, Alabama.

**2. Correspondence Courses.**

Credit courses in regular college subjects are offered by correspondence. Information regarding correspondence courses may be had by writing Director of Home Study Service, Alabama College, Montevallo, Alabama.

**3. Radio Programs.**

Two one-hour radio programs are broadcast each week from the campus of the College. Additional information about radio programs may be had by writing Chairman Radio Committee, Alabama College, Montevallo, Alabama.

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